Myers-Briggs Type Indicator Assessment Instructions

The MBTI is a career assessment that focuses on personality preference. When taking the assessment, make sure you are not rushing to complete it and/or are not highly stressed/anxious. Also, remember that personality is all about preference, so there is no right or wrong answer in this assessment – just choose the best option that fits you!

1. **Log into the Myers-Briggs Assessment website** using the web address provided by your instructor.

2. On the Registration pages, fill in your personal information and hit **REGISTER**. Make sure to keep a record of your username and password.

3. Follow the instructions to complete the MBTI assessment.

4. Make sure you **FINISH** the assessment completely or your results will not be available.

5. That’s it! **Your results will be provided before/during your class presentation.**