UNDERSTANDING YOUR ASSESSMENT RESULTS

1. Go to career.uncc.edu/assessments on your phone, tablet or computer and click ‘Launch jobZology’.

2. To begin the assessments click Start Your Journey.

3. Take each of the four assessments (Interests, Values, Personality, and Workplace Preferences).
   * You do not need to take all four assessments in one sitting, but you do have to complete each individual assessment in its entirety or your work will not be saved.

4. If you have completed some of your assessments, but not all them, simply return to your Assessments page and click on any remaining assessments to finish them.

5. Once you have completed all four of your assessments, your assessment summary page will look like the image on the right.

6. Use the following activities to reflect on your results and better understand what they mean.

7. Continue exploring each of the assessment areas.

8. Completed the activities and want to learn more or explore your next steps? Schedule an appointment with your Career Coach in Hire A Niner.
Understanding your interests will give you clues into the types of careers and jobs you will enjoy. Your results do not define who you are, but instead help you become more self-aware. Your interests describe:

- the subjects you like to learn about
- the activities you do in your spare time
- the tasks that you enjoy performing

**What are your Primary interests from your assessment results?**

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<tr>
<td>1.</td>
<td>How would you describe people with these interests?</td>
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**What is your Supporting interest?**

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<tbody>
<tr>
<td>1.</td>
<td>How would you describe people with this interest?</td>
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2. Complete the following sentence based on what you have learned about your interests:

I am someone who....
VALUES

_Achievement, Independence, Recognition, Relationships, Support, Working Conditions_

Your values are things we feel very strongly about. Things to consider when thinking about Values and your results:

- All of the values will likely be important to you to some extent
- There are no right or wrong answers; your values simply describe what you would consider the most and least important to you in your dream job

<table>
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<tr>
<th>What are your <strong>Primary Values</strong>?</th>
<th>What do people with these values seek from a job?</th>
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<td>(ex: ability to make the most of their abilities)</td>
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<td>1.</td>
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1. Reflect: When you think about your career options, what factors seem most important to you? What will you most need in job in order to be satisfied? How can you communicate this to a potential employer?

2. Complete the following sentence based on what you have learned about your values:

For me to be satisfied at work, it is important that I....
PERSONALITY

Openness to experience, Conscientiousness, Extraversion, Agreeableness, Emotional Stability

Your personality traits describe your patterns of thinking, feeling, and behaving. This assessment will help you:

• Gain more self-awareness about how other people perceive you
• Understand which career opportunities will best fit your personality
• Spend some time reading your personality results on the jobZology site and follow these steps:
  • Indicate your score and for each personality trait, write a statement about how someone with that score might contribute in the workplace. (Example: Someone with a high score on Conscientiousness would be reliable in the workplace and likely to meet assigned deadlines)

<table>
<thead>
<tr>
<th>Personality Trait</th>
<th>Score:</th>
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<tbody>
<tr>
<td>Openness to Experience</td>
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<tr>
<td>Conscientiousness</td>
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<tr>
<td>Extraversion</td>
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<tr>
<td>Agreeableness</td>
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<td>Emotional Stability</td>
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Complete the following sentence based on what you have learned about your personality:

Based on my traits, people experience me as....
WORKPLACE PREFERENCES

Excellence, Guiding Principles, Collaboration, Innovation, Recognition, Performance, Stability

Your Workplace Preferences are the characteristics you would like your ideal employer to emphasize. These can help in finding a work environment for you to be happy and successful.

Your top workplace preferences are:

____________________________________

What are some of the descriptions of what you value in a workplace?

1.

2.

3.

4.

Reflect: When thinking about past jobs, internships, or campus organizations, what did you like or dislike about those environments? Imagine your ideal organization. What type of environment does it have?

Complete the following sentence based on what you have learned about your workplace preferences:

I need an organization that...